Somers Town Medical Centre – PPG Meeting Minutes

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| **Date:** | Friday 11th August 2023 |
| **Chairperson:** | Ehsan Hussain (E.H) |
| **Minutes taken by:** | Ehsan Hussain (E.H) |
| **Attendees:** | Islam Ali (I.A), Mohammed Yaseen (M.Y), Dilara Begum (D.B), Ehsan Hussain (EH), Shahnaz Ahmed (S.A) |
| **Apologies:** | Nazmin Alam (NA)  |

Meeting discussions:

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| 1. | **Welcome & Introductions** * Ehsan introduced himself, he explained what a PPG meeting is and the purpose of it.
* Summarised meeting agenda, covered values, team, achievements, 2023 and feedback.
* Clarified this is not a meeting to bring up individual concerns, APM/PM are more than happy to discuss this post meeting.
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| 2. | **Previous Minutes review actions**  * As the practice website was discussed last meeting E.H asked the tech team within our organisation to update the staffing section to ensure it is up to date
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|  | **Agenda*** PPG introduction
* Actions from previous meeting
* Practice website and useful information
* New staff
* Open days
* Wellbeing sessions
* PCN services
* Flu/bowel/breast screening
* Speaker – Shahnaz Ahmed – Mind in Camden
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| 3. | **New staff** Introduced new staff:AdminMeriam TouatiJarrin BegumFarjana RokibClinicalDr NandakumarDr Ramandeep KaurNurse Natasha Akintunde |
|  | **Open days*** As a practice we want to increase engagement with our community. Somers Town has held multiple open days with more planned in the near future.
* Held a children’s day, which including lunch, story time and face painting for the children. Our lead nurse Lea Garner attended who provided a presentation on the importance of childhood vaccinations.
* Provided same day nursing appointments for advice, immunisation and baby checks as well as other medical support.
* Held a men’s health day to support men’s mental health, provided a presentation by a speaker from UCLH on men’s mental health as well as a presentation and advice on bowel screening.
* Wellbeing Wednesdays is being trailed out for the next 6 weeks. Every Wednesday a different activity will be held, including painting, Zumba and yoga sessions.
* More will be planned in the near future.
* We invited the PPG to recommend any open days for issues that are passionate about
* **M.Y asked for greater communication regarding long term conditions such as diabetes and support with self-management as his father suffers from it and there’s a lot of information online and it can be difficult to know what information to trust. E.H has agreed to send out communication to patients (including leaflets) intermittently for a wide range of long-term conditions including information on self-management and support.**
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| 4. | **PCN services*** As a practice we work closer with our PCN which consists of other GP practices in the local area to provide specific support for our group of patients. E.H brought attention to the services they provide, including:
* Physical activity programme
* Micro suction – ear wax removal
* Asthma review clinics

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| 5. | **Key Health Indicators**1. Flu vaccines are expected to arrive late August/Early September. As we do every year, we will provide these vaccinations to our patients.
2. Our PCN will carry out the autumn COVID vaccinations. They are expecting the vaccinations in early October. All patients will be texted/called to book in directly with them.
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| 6. | **Mind in Camden*** S.A provided information about mental health support in Camden available for patients.
* Including well-being sessions. Camden Rise – a resource for young people to find activities, support, and opportunities & Chadswell Healthy Living Centre BAME Supporting Community Project.
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| 8. | **AOB** 1. E.H mentioned that he would like to run an open day including the PPG members. The PPG members agreed this would be a good idea.
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